



GLOSSARY

WORD	DEFINITION	EXAMPLE
DOMESTIC SKILLS	Chores in or around the house.	Shopping, laundry, doing the dishes, cleaning, cooking, etc.
LEISURE ACTIVITIES	Time spent doing something pleasant, free of work or duties, like a pastime or hobby; often for the purpose of relaxing.	Some may consider sports, art, reading, shopping, camping etc. pleasant, work free activities.
PERSONAL DAILY LIVING TASKS	Individual, private activities generally done everyday.	Dressing, showering, bathing, shaving, brushing teeth, putting on make-up, etc.